

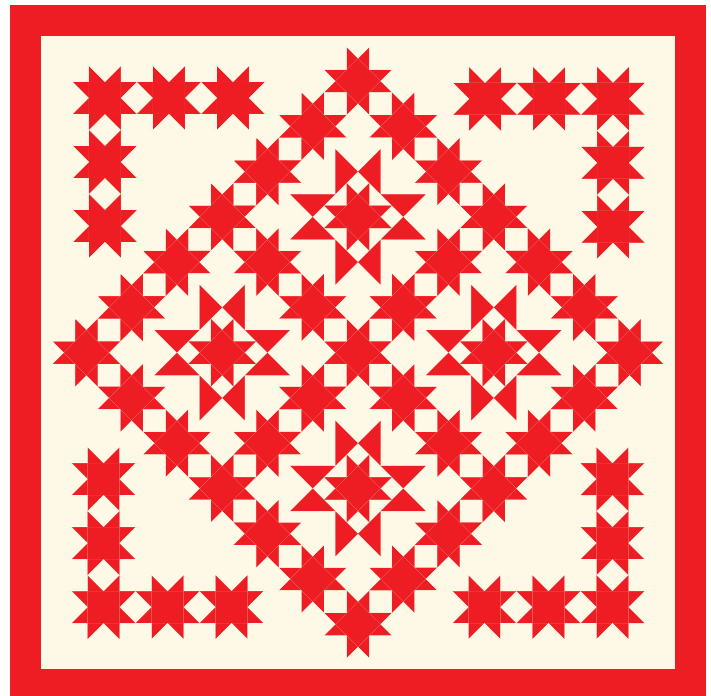
RISE & SHINE CLASS OUTLINE

Class Description

Starry sashing makes this unique quilt shine. Create this wall or throw size quilt from Judy Martin's *Red, White & Blue Star Quilts: 16 Striking Patriotic and 2-Color Patterns* in your choice of red and white; blue and white; or red, white and blue. Each version



highlights different elements for a unique look. A second blue-and-white version is shown on page 18 and on page 3 of this outline. For that version, add together the red and blue yardages and cutting lists from page 55 to get the blue total; also substitute blue for red in the diagrams on pages 55–56.



Suited for Intermediate to Experienced Level
The pattern is mostly simple enough for an advanced beginner, but it does have 4 set-in seams.

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The quilt is made from the simplest of stars: the Evening Star (also called the Variable Star) and the Rising Star. The cutting and sewing utilize basic squares, rectangles, half-square triangles, and quarter-square triangles.

The sashing is made from 3 different units rather than individual star blocks. This eliminates unnecessary seams and simplifies joints, though it requires you to follow diagrams to keep the units in order.

Items to Bring to Session 1 if You Have Them:

Red, White & Blue Star Quilts & fabrics from home.

Session 1: Fabrics

Demonstrate fabrics that read as solids. Show red and blue fabrics that contrast well. It is helpful to choose darker navy prints and lighter red prints for the red, white, and blue version.

Assist students with selection of fabric and purchase of fabric; *Red, White & Blue Star Quilts*; and tools, including my Point Trimmer or ABC Point Trimmer. Buy my Point Trimmer from the Products page at judymartin.com. Buy my ABC Point Trimmer using the link on the RWB Extras page at judymartin.com.

Homework

Read pages 7–9, the top 3 sections of page 10, pages 12–13, and the bottoms of pages 55 and 57.

Choose one of the four colorings. Make final fabric selection and/or purchase.

Prepare fabrics. Prewash if desired and press.

Required Items to Bring to Session 2

Required: *Red, White & Blue Star Quilts*; rotary cutting mat; rotary ruler; rotary cutter; pressing mat; iron; and fabric listed for your chosen quilt size and color. Also required is my ABC Point Trimmer or my old Point Trimmer.

Session 2: Cutting

Discuss cutting borders and rectangles on the lengthwise grain for stability. Stress cutting borders and largest patches first. Demonstrate cutting K trapezoids and mitered borders (page 55).

Demonstrate rotary cutting squares, half-square triangles, quarter-square triangles, and the all-lengthwise

grain option for quarter-square triangles using my S45 (page 15) or another ruler of your choice. (The Small Flying Geese Ruler #8705 at From Marti Michell is one option, though you need to subtract 1/8" from the strip width when you use her tool.)

Demonstrate trimming points to help align patches for sewing and to eliminate dogears from seams. For the I and J triangles, K trapezoids, and the B's used in unit 3's, use the C trims of my ABC Point Trimmer (page 57 and downloads). Mention my older Point Trimmer as an option. All points in this quilt can be trimmed with C if you have either of my tools.

Demonstrate trimming points on quarter-square triangles (B trims) using my tool or downloaded charts for use with a regular ruler.

Demonstrate seam allowance test (page 8).

Assist students as they begin rotary cutting.

Homework

Continue rotary cutting and trimming points. Have students do the seam allowance test at home.

Required Items to Bring to Session 3

Required: *Red, White & Blue Star Quilts*; seam allowance test; cut patches; sewing machine; pins; spare machine needles; thread snips; thread; bobbins; extension cord; seam ripper; pressing mat; and iron.

Session 3: Piecing Stars, Blocks & Units

Demonstrate piecing and pressing Rising Star and Evening Star blocks and units 1–3 (and units 6–8 for the blue-and-white version on page 59).

Discuss chain piecing and assembly-line methods.

Discuss the fact that units are colored differently in the different versions of the quilt.

Assist students who had problems with the seam allowance test. Students begin sewing stars, blocks, and units.

Homework

Continue piecing stars, blocks, and units.

Required Items to Bring to Session 4

Required: *Red, White & Blue Star Quilts*; sewn units and blocks; cut patches; sewing machine; pins; spare machine needles; thread snips; thread; bobbins; extension cord; seam ripper; pressing mat; and iron.

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Session 4: Quilt Assembly

Discuss piecing sashing and corner units 4–7 (pages 55–56 or 61) or units 4–5 and 9–11 (pages 58–59).

Discuss making the quilt center from Z blocks and sashing units.

Discuss making corner unit 7 (or 11 for blue and white version), leaving miters unstitched for now.

Discuss pinning corners to quilt center and stitching.

Discuss pressing the quilt top.

Discuss pinning and stitching borders to each side.

Demonstrate mitering borders (page 56).

Students assemble the quilt with supervision. Assess progress and agree on a date for a reveal party.

Homework

Students continue assembling the quilt and borders at home.

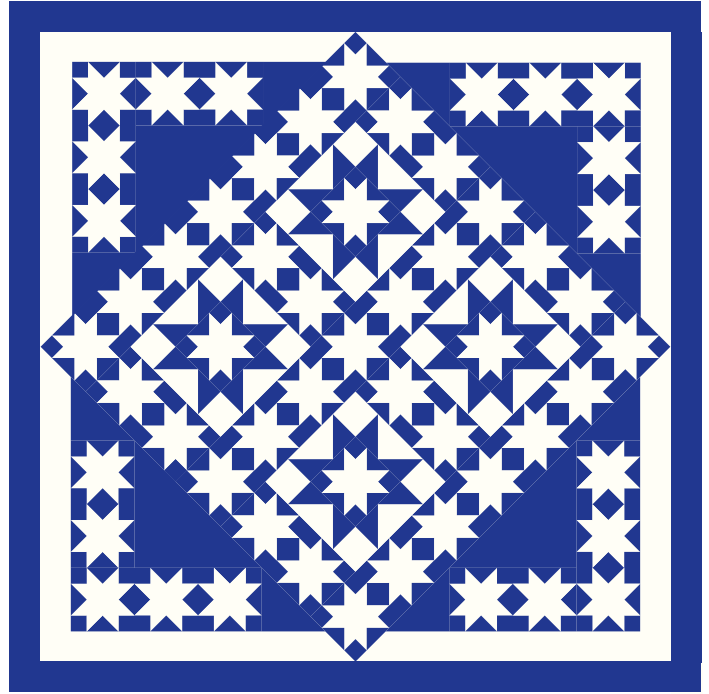
Bring to Session 5

Completed quilt, quilt top, or progress made so far.

Session 5: Reveal Party

Hold a show-and-tell meetup at the shop to reveal everyone's quilt or quilt top. Consider taking pictures of the quilts and makers for your shop newsletter.

If you like, bake and serve cookies from *Cookies 'n' Quilts*, and sell that book, too. Optional: share a quilt or two from coming classes in order to spark interest.



Blue and White Version from Page 18